

Spring Programming 2023

# Aquatic Center



## 2022 - 2023 Program Pricing

Senior (59+): \$4.00

Adults (18-58): \$5.00

Student (6-17): \$4.00

Pre K (0-5): \$3.00

APS District Employee: \$2.00

**Memberships Available!**

## Family Programs

### Family Fun Swim

All Ages are Welcome - Leisure Pool

Mondays and Wednesdays- 10:00AM - 11:00AM

Tuesday and Thursday- 1:00PM - 2:00PM

### Open Swim

All Ages are Welcome - Leisure Pool and Competition Pool

Sundays - 1:30PM - 3:30PM

## Pool Rentals Available

For More Information Email

Kristen - kristenlorenz@alleganps.org

## Lap and Leisure Swim

Lap Swim and Leisure Pool Lap Swim

Monday - Friday- 6:30AM - 7:30AM

Monday - Thursday- 12:00PM - 1:00PM

Masters Swim

Monday and Wednesday-

5:30AM - 6:30AM

## Guided Fitness Classes

AQUA HIIT

Tuesday-

9:00AM - 10:00AM

Thursday-

9:00AM - 10:00AM

Instructor guided Cardio Fitness Class.

This class takes place in our Leisure Pool. Recommended for all ages and fitness levels.

Please contact the Aquatic Center for additional questions.

## Senior Aquacise

Seniors Age 59 & Over - Leisure Pool

Monday, Wednesday and Friday-

9:00AM - 10:00AM

\*\*\$1.00 for Seniors\*\*

**Online Registration Recommended**

**[www.alleganaquatics.com](http://www.alleganaquatics.com)**

**(269)673-7002 ext 5504**